





COACHING JOURNEY INTO PARA SPORT COACHING

1992-2024: Mainstream swimmers

2018: SPECIAL OLYMPICS

2018-2020: Attended seminars & workshops

2019: To US for exchange programs: Singapore Adaptive Swimming Coaches Sports Visitor Program by

Special Olympics, SportCares & US Bureau of Educational & Cultural Affairs







US PARA TEAM HEAD COACH PEGGY EWALD







PARA SPORT COACHING

DEVELOPMENTAL TO COMPETITIVE Intellectual Impairment (S14)

Vanette Lim	Competition	Achievement
ACTOR A PAGE CARE A PAGE AND A PAGE AND A PAGE A PA	SPECIAL OLYMPICS WORLD GAMES BERLIN 2023	1 Gold & 4th Position
Darren Chan	Competition	Achievement
BAHRAIN 2021 ASSERT YOUTH PYRICE IN F. F. I J-J- LLLIF Experient hand for the	BAHRAIN 2021 ASIAN YOUTH PARA GAMES PARA GAMES SOLO 2022 SOLO 2022 Hangshou 2022 Asian Para Games	2 Bronze (AYPG21) 2 Bronze (APG22) 1 Silver & 1 Bronze (APG23)







HOW I BUILD RESILIENCE & GROWTH MINDSET IN PARA SWIMMER

Darren Chan









P: Patient

S: Support

L: Learn

E: Educate





P: Patient

CommunicationEncouragementEnd ResultsClear, Short & PositiveRewardsFun





Photo with his Idol, Kyle Chalmers Australian World & Olympics swimmer









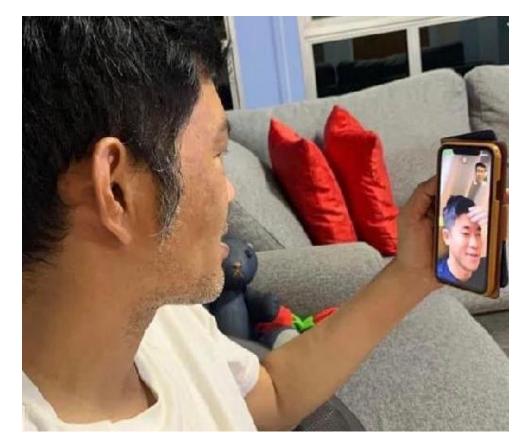
S: Support

Family



Family supporting at Asian Para Game 2024

Coaches & Support Staffs



Video call during World Para Series

Friends/Team Mates



Incentives & Well wishes from Team mates





L: Learn

Observe	Understanding	Family
Body Language/Expression	Like & Dislike	Get Information
STATES TIMES TWENTS		
Body Language & Expression	Watching his Favourite Korea Drama/Movies	Food & Beverage







E: Educate

Sportsmanship





Friendship/Team Player





Socialise





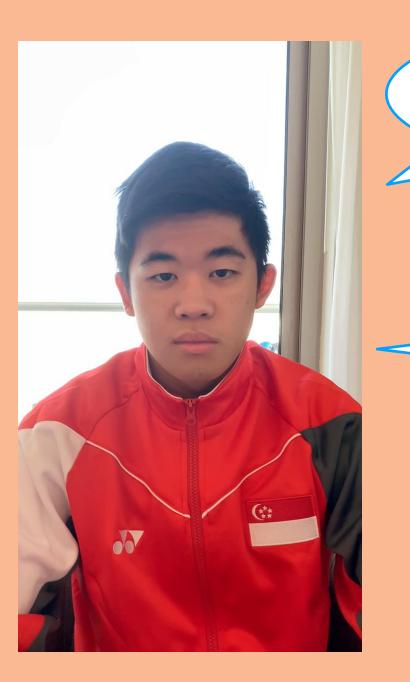






A SHORT VIDEO CLIP TO HIS SUPPORTERS

His First Major Meet - Asian Youth Para Games 2021



Hello, I want to thanks all of you

Who supported me in this Game.

See you soon! Thank you